



[Help Articles](#) > [Administrator Help](#) > [Communication](#) > [Schedule your bulletin - times to avoid](#)

---

## Schedule your bulletin - times to avoid

David H. - 2023-01-12 - Communication

We recommend that you avoid scheduling your bulletin during transition times such as Midnight GMT and Midnight Eastern Standard Time (Toronto).

These times represent peak rendering periods during which MemberNova needs to refresh the data in select widgets and it may not update the widget by the time your bulletin is sent. This only affects date-sensitive widgets such as the Sponsors widget (it renders the first hour of the day).

When scheduling your bulletin to be sent, if you enter a date and time that may be affected, a warning message will display recommending that you change the time.